

A BODY SAFETY STORY FOR KIDS AGES 5 TO 9

Sammy and the Safe Circle

Read it together. Stop and talk about each page.



Free from the LS5 Survivors Alliance



"Hi! I'm Sammy. I'm nine years old, and I love adventures. My favorite adventure is helping kids learn how to stay safe. Will you come with me?"

Sammy's rule: You are strong, and you are never alone.



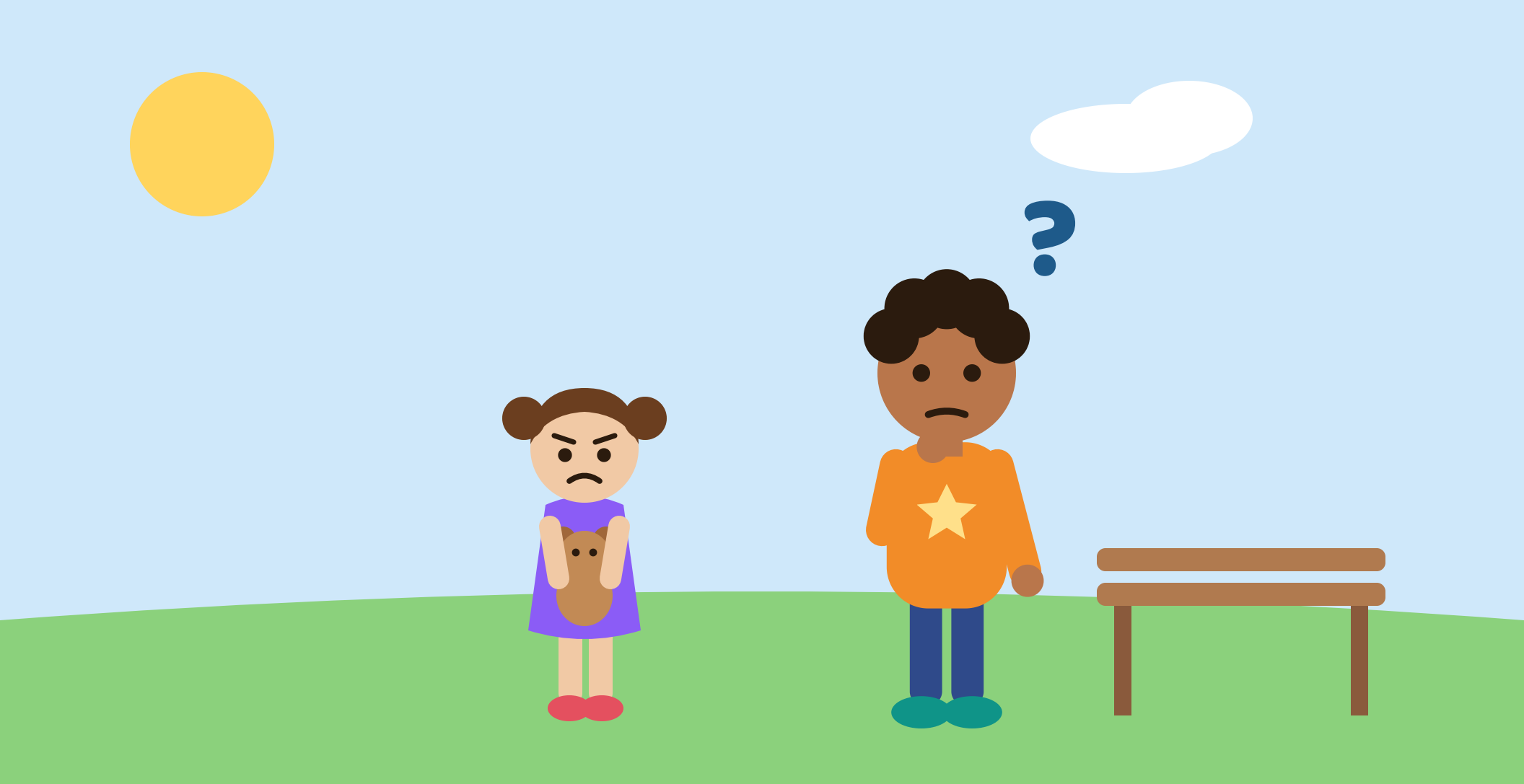
Sammy draws a big circle with chalk. "This is my Safe Circle," he says. "My body belongs to me. The parts my swimsuit covers are private. I know how to wash myself, so I do it on my own. A doctor can check me only when my mom or dad is there."

Sammy's rule: My private parts are private.



Aunt Rosa opens her arms for a big hug. Mia doesn't feel like hugging today. "No thank you!" she says. "Can we high-five instead?" Aunt Rosa smiles and gives her a high-five. "Way to go, Mia!" cheers Sammy.

Sammy's rule: I can say no to any touch, even from someone I know.



Mia shows Sammy a new teddy bear. "Someone gave me this," she whispers. "He said it's our special secret, and I can't tell my mom." Sammy thinks hard. "A surprise is fun because everyone finds out soon. A secret from your mom gives me an uh-oh feeling."

Sammy's rule: Safe grown-ups never ask kids to keep secrets from their family.



Sammy's 5 Uh-Oh Signs

Sammy teaches Mia five uh-oh signs. If a grown-up or older kid does these things, it is time to tell a safe grown-up.



Uh-oh sign 1

Gives you lots of gifts or special treats



Uh-oh sign 2

Wants to be alone with you a lot



Uh-oh sign 3

Asks you to keep secrets from your family



Uh-oh sign 4

Says you have to do something to stay friends



Uh-oh sign 5

Asks you to send pictures or chat on a secret app

Sammy's rule: See an uh-oh sign? Tell a safe grown-up!



Mia takes a big breath. She finds her mom and says, "Mom, I need to tell you something." Her mom listens to every word. "Thank you for telling me. I believe you. You did the right thing." Mia feels lighter already.

Sammy's rule: Keep telling until someone helps. It is never your fault.

Sammy's Safe Circle Rules

Say them out loud together

1. My body belongs to me.
2. I can say no to any touch.
3. Surprises are okay. Secrets from my family are not.
4. If I feel uh-oh, I tell a safe grown-up.
5. I keep telling until someone helps.
6. It is never my fault.

My safe grown-ups

My Sammy promise

"I promise to teach Sammy's rules to my brother, sister, cousin, or friend. When I teach it, I remember it, and I help keep them safe too."

My name

Who I will teach