Sammy's Adventures

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Raised where silence was the rule, a father creates free books that help kids speak up

Sammy's Adventures offers 10 read-along books, song videos, and parent guides on body safety, sextortion, and AI “friends,” free at sammyteaches.com

November 2026 — Sammy's Adventures, a free family library at sammyteaches.com, gives parents a simple way to start the hardest conversations of childhood. Each of its ten sets pairs a read-along picture book starring 9-year-old Sammy and his friends with a three-page parent guide, a family quiz, and a short song video. A set takes about 20 minutes, works on a phone, and costs nothing.

Its creator, Sam Luzania, grew up inside La Luz del Mundo, the Mexico-based megachurch whose leader pleaded guilty in 2022 to sexually abusing minors. When Luzania left the church, he was excommunicated and cut off from the family and friends he had known his whole life.

“I am a father. And I built this because I know what it costs to stay silent,” Luzania said. “They say hurt people hurt people. I am here to break that chain. Not for me — but for my children, for your children, for those who think their voice does not matter.”

The library starts where the risk is. About 90 percent of children who are sexually abused know the person who abused them, according to Darkness to Light, so Sammy's first lesson is a Safe Circle of trusted grown-ups and the difference between a surprise and a secret. Later sets meet kids where they spend their time: in game chats, on phones, and with AI chatbots. The National Center for Missing & Exploited Children received more than 50,000 reports of financial sextortion in 2025, and a 2025 Common Sense Media survey found that 72 percent of U.S. teens have used an AI companion.

The ten topics are body safety, grooming, consent, respect, online gaming, sextortion, body image, trusted grown-ups, private information online, and AI “friends.” Every book can be read on screen or downloaded, parent guides on body safety, grooming, and consent are also in Spanish, and families who finish all ten lessons can print a “Sammy Safety Star” certificate.

Sammy's Adventures is free at sammyteaches.com. Song videos are also on YouTube at @SammyteachesLS5.

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About Sammy's Adventures

Sammy's Adventures is a free family library at sammyteaches.com that turns big talks into kid-sized ones. Ten read-along books star Sammy, a 9-year-old who loves adventures, with his friend Mia and his big brother Leo. Each book comes with a three-page parent guide, a family quiz, a short song video, and read-aloud movies for kids and grown-ups. The topics run from body safety, grooming, and consent to online gaming, sextortion, body image, private information online, and AI “friends.” Everything works on a phone, takes about 20 minutes, and costs nothing. Sammy's Adventures was created by Sam Luzania, a father who grew up inside a closed religious community and built Sammy so kids have the words and parents know the signs. It is made free for families by the LS5 Survivors Alliance.

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